

THE SISTER PACT

STACIE RAMEY

DISCUSSION GUIDE



Who holds your secrets?

Allie is devastated when her sister commits suicide—and it's not just because she misses her. Allie feels betrayed. The two made a pact that they'd always be together, in life and in death, but Leah broke her promise and Allie needs to know why.

Her parents hover. Her friends try to support her. And Nick, sweet Nick, keeps calling and flirting. Their sympathy only intensifies her grief.

But the more she clings to Leah, the more secrets surface. Allie's not sure which is more distressing: discovering the truth behind her sister's death or facing her new reality without her.

About the Author



Stacie Ramey attended the University of Florida and Penn State, where she received a master of science degree in speech pathology. When she's not writing, she engages in Netflix wars with her children or beats her husband in Scrabble. She lives in Wellington, Florida, with her husband, children, and rescue dogs. Visit Stacie at stacieramey.com.

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1. How does Allie justify her self-medicating? By categorizing the types of meds she takes and the situations in which she takes them, does Allie make the medications seem more benign?
2. Did Leah really break a promise to Allie? Do some promises have to be broken?
3. At the beginning of the book, Allie says she doesn't understand why she is the sister who survived their family war. Why do you think she is? By the end of the book, does she know what helped her heal?
4. What role does art play in Allie's recovery?
5. Allie knows Max is wrong for her, but she's still drawn to him. Has that happened to you or someone you know?
6. At one point Leah tells Allie she is obsessed with the word "why." Why did Leah do it? Why didn't she herself do it? Do you think that's normal given the situation? Would it be possible for Allie not to wonder why? Is that one thing she has to get over?
7. Do you think Leah's ghost was real?
8. Allie uses pills to survive and cope. We can see the downside, but is there anything she could have used instead that would have been better?
9. Allie sees people in terms of colors. What different ways do people classify others? Is it good to do this?
10. Allie and Leah are sisters with secrets. Is sharing secrets a way to get closer to people? When is it a problem?
11. Leah says that Allie is starstruck with her. Does that make it hard for Leah to confide in Allie?