

THE DISASTER DAYS

ACTIVITY KIT



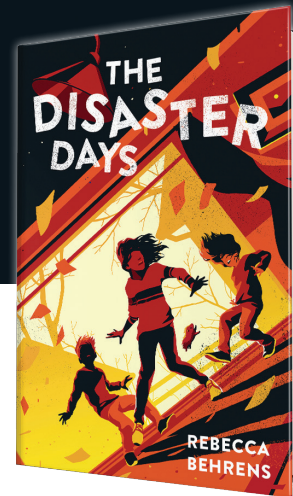
BUILD YOUR OWN EMERGENCY KIT
Circle the items that you would put in your emergency kit.
Write in any extra items on the lines below





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PREPAREDNESS QUIZ: Are You Ready for a Natural Disaster?

1. According to the Red Cross, what are the two most common natural disasters in this area?

Choose from the following: Hurricanes, landslides, wildfires, flooding, tornadoes and severe thunderstorms, winter storms, earthquakes, heat waves and droughts. (1 point for each correct answer)

2. True or false: Bottled water expires.

3. Where is the best place to shelter during an earthquake?

- A. In the shower
- B. Underneath sturdy furniture
- C. Outside

4. True or false: Climate changes are related to more extreme weather events.

5. In your shelter-in-place emergency kit, you should have enough food to last how long?

- A. Three days
- B. One week
- C. 24 hours

6. True or false: During a natural disaster, you should use your phone to play games and update your social media.

7. What should you do if you encounter floodwater while driving?

- A. Drive through it quickly.
- B. Get out of your car to take pictures.
- C. Turn around and drive away.

8. How long does food in a full, unopened freezer stay safe to eat?

- A. 35 minutes
- B. 48 hours
- C. 3 days

9. How often should you check on your emergency supplies and restock?

- A. Twice a year
- B. Every week
- C. Leap years

SCORING:

0–3 points:

You have a great start at knowing what to do in a natural disaster! Visit the Red Cross or Ready.gov websites to learn more about how to be prepared.

4–7 points:

You're a preparedness apprentice—you've learned a lot already, and you're well on your way to becoming an expert!

8–10 points:

Congrats, you're a survival expert! Share what you know about natural disaster preparedness with others to help keep them safe.

