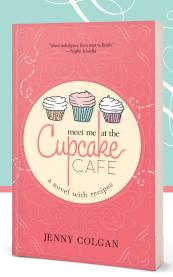


# Meet Me at the CUPCAKE CAFE

BY JENNY COLGAN



## Throw a Tea Party!

### SET THE MOOD ...

- · Compile a playlist of soft, elegant music to play throughout the party.
- Decorate in light colors, such as white, pink, and purple, using flowers and lace as stylish accents. Dress up your table with a pretty tablecloth, cloth napkins, and handmade place cards.
- Encourage book club members to dress in their best country club outfits. Offer a prize for the most elegantly dressed. Prize suggestions: white gloves, toffee, or boxes of tea.

### FOOD AND DRINK ...

- It wouldn't be a tea party without tea! Pick your favorite, or use the "Teas of the Day" featured on Issy's menu in the book: Rose Petal Black and French Verveine. If it's a warmer days, serve iced tea.
- Serve finger foods, such as sandwiches, scones, and—of course—cupcakes on a tiered cake platter or your best china.

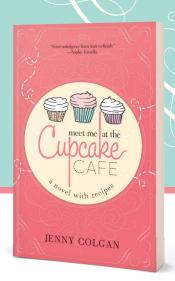






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### TEA PARTY DOS AND DON'TS.

- I. **Do** pick up your cup *and* saucer from the table and hold the saucer at the height of your breastbone while you drink from your cup.
- 2. Do pour the tea before adding milk.
- 3. Do serve afternoon tea between 3 and 5 p.m.
- 4. Don't use a knife to cut your scone; break it open with your fingers.
- 5. **Don't** move on to the scones or sweeter cakes until everyone has finished their sandwiches and the hostess has indicated that you continue.

### ASK YOUR BOOK CLUB MEMBERS TO:

Think about a dream they've always had, or something drastic that they've always wanted to do. In the book, Issy gives up a lucrative career to follow her dream of opening a bakery. We all have dreams, but sometimes it takes a lot of courage to act on them.

- · What would you do if you could do anything?
- · Have you always had that dream? Is your dream as drastic as Issy's?
- How has your past influenced that dream, like how Issy growing up in a bakery influenced hers?

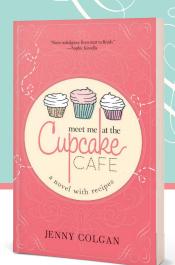






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### RECIPES FOR YOUR BOOK CLUB

#### Pear Upside-Down Cake

- · 3 pears, peeled, halved, and cored
- · 14 tbsp. butter
- · 15 tbsp. superfine sugar
- · 3 eggs
- · 15 tbsp. self-rising flour, sifted
- · 3 tbsp. milk
- · I tbsp. powdered sugar

#### Directions

- 1. Arrange the pear halves evenly over the bottom of a buttered dish and set aside.
- 2. Using a wooden spoon, cream the butter and sugar together in a large bowl until the mixture is light and fluffy. Beat in the eggs, adding them one at a time and mixing well after each addition.
- 3. Add the flour to the bowl, gently folding it into the mixture, then stir in the milk. Spoon the cake mixture evenly over the pears and smooth the surface.
- 4. Cook in a preheated oven at 350°F for 45 minutes, until the surface is firm when gently touched and the cake comes slightly away from the sides of the dish.
- 5. Remove from the oven, let cool for five minutes, and then turn out onto a serving plate. Dust the top of the cake evenly with powdered sugar and serve immediately.

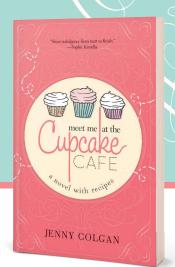






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### RECIPES FOR YOUR BOOK CLUB

Royal Wedding Street Party Red, White, and Blue Cupcakes White Queen Victoria sponge base

- · 12 tbsp. butter
- · <sup>3</sup>/<sub>4</sub> cup superfine sugar
- · 3 eggs
- . <sup>3</sup>/<sub>4</sub> cup self-rising flour
- · splash of milk
- · I tsp. vanilla

#### Directions

- 1. Cream the butter and sugar until it's light and fluffy. Add the eggs with a spoon of flour if it looks like it's curdling, then fold in the rest of the flour. Add a splash of milk until the mixture is dropping consistency.
- 2. Fill 12 cupcake liners two-thirds of the way, then bake at 355°F for 12–15 minutes.

#### Red cream cheese topping

Blend together

- · 8 oz. cream cheese
- · 5 tbsp. butter
- · I cup powdered sugar
- · add a few drops of rosewater and some food coloring

To Make: Whizz everything up. Decorate with blue sugar flowers. Scoff and toast the happy couple!

