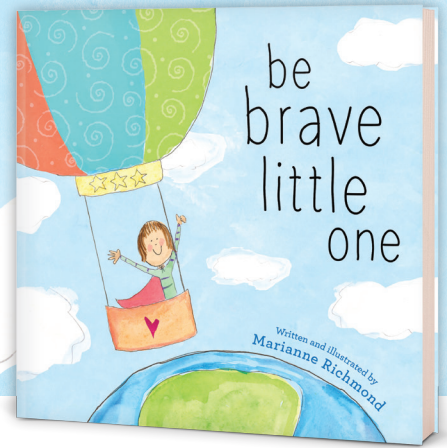


be brave little one

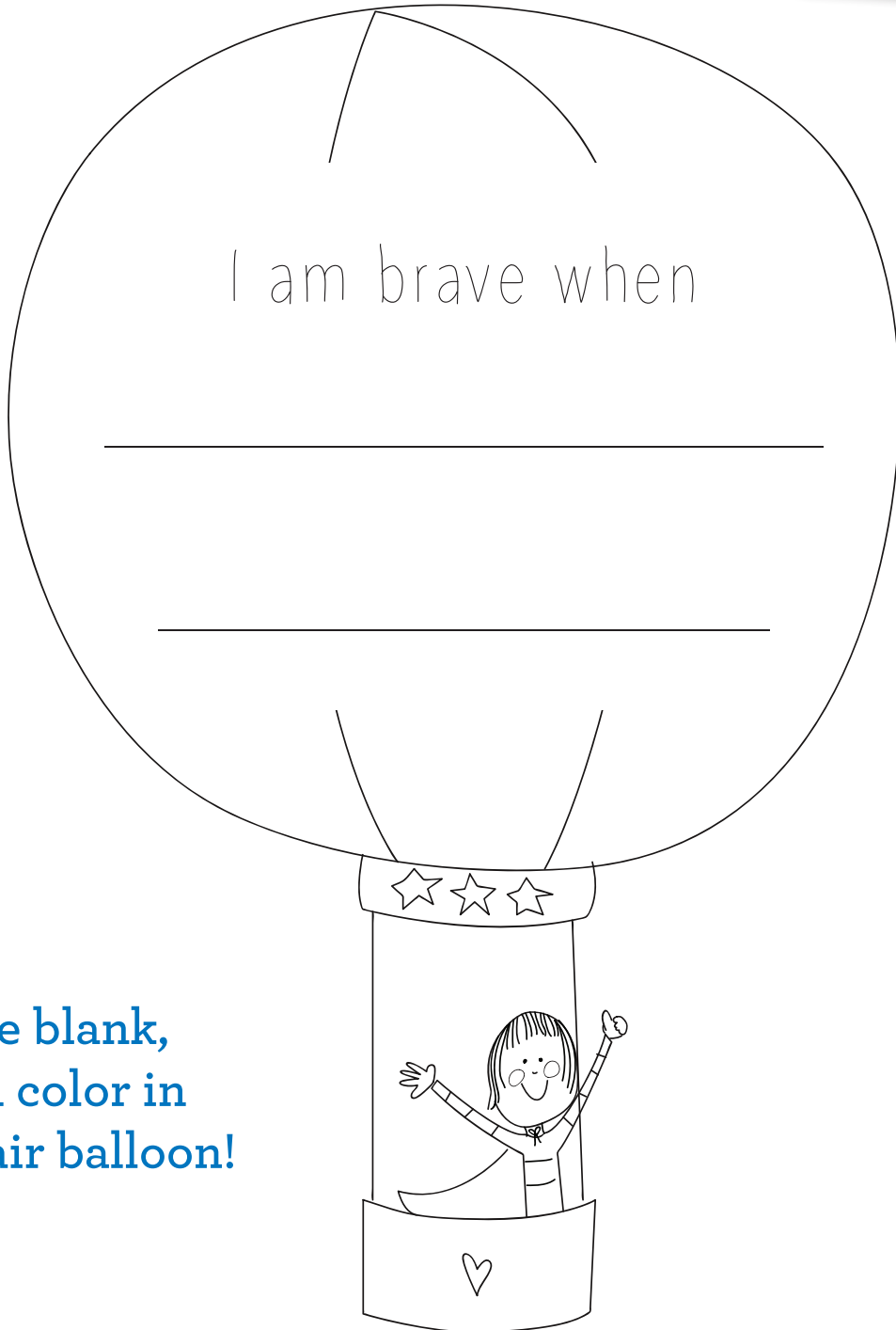
By Marianne Richmond

activity kit



I am brave when

Fill in the blank,
and then color in
the hot-air balloon!



be brave little one

By Marianne Richmond

activity kit



What Does It Mean to Be Brave?

Bravery can mean many different things. What does it mean to you? Circle the answer you think is best, and then discuss why you chose that answer with the group.

I am brave when:

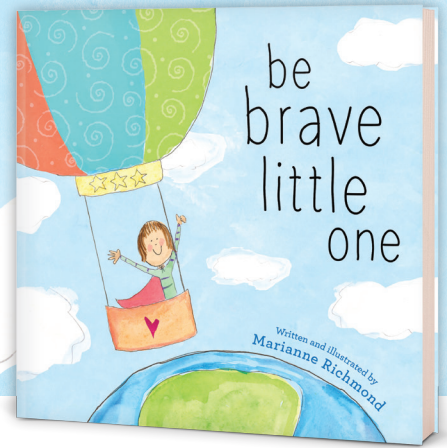
- A. I try something new
- B. I tell someone I am scared
- C. I say hello to a new classmate
- D. All of the above



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activity kit



Can you tell how the boys and girls in the images below are feeling based on their faces? Fill in the blanks next to each picture with your best guess at their emotions, and then give an example of what makes you feel that way.









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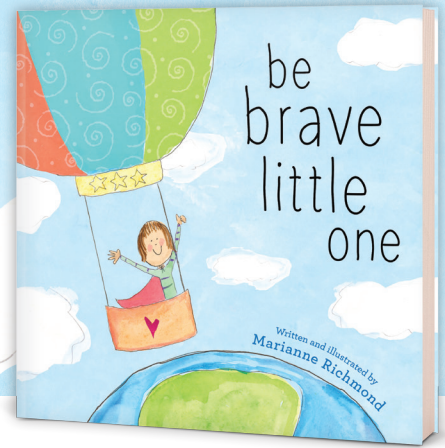
Use your imagination to draw yourself doing something brave in the thought bubble!



be brave little one

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activity kit



Be Brave Little One Courage Chant

Teach all of your brave little ones the following courage chant by repeating the italicized lines and accompanying arm motions.

Brave is a feeling

ACTION: Raise right arm



Brave is a choice

ACTION: Raise left arm



that I get to make

ACTION: Point to yourself



with my heart and voice.

ACTION: Cross arms over heart

